

HAPPY BUDDHA
彌勒齋

VEGETARIAN RESTAURANT



Kosher Cuisine

Specializing in Vegetarian
and Organic Cuisine

養生素食

www.HappyBuddha.com

營業七天

Open 7 Days A Week

11:00am-10:00pm

Dine In • Take Out
Juice Bar • Party Room
Parking Available

718-358-0079

135-37 37th Avenue
Flushing, NY 11354

Appetizer

香椿煎餅	A 1. Cedar Pancake	\$3.50
印度麵包	A 2. Indian Bread with Curry Potato Sauce.....	\$2.25
紫菜捲	A 3. Seaweed Bean Curd Roll Fried w. Sesame	\$6.25
如意捲	A 4. Vege Chicken Rolls(4)	\$3.95
春捲	A 5. Spring Roll(4)	\$4.95
小籠包	A 6. Vege Bun <i>Shanghai Style</i> (6).....	\$4.95
蒸餃 / 鍋貼	A 7. Vege Dumplings <i>steamed or fried</i> (6)	\$4.95
素吉	A 8. Soy Chicken(<i>cold cut</i>).....	\$5.25
素亞	A 9. Soy Duck(<i>cold cut</i>).....	\$5.50
素叉燒	A 10. Vege Roast Pork..... (S)\$5.95..... (L)\$9.95	
金錢吉	A 11. Crispy Soy Chicken Nuggets	\$6.25
拈花菩提捲	A 12. Vege Nori Roll	\$4.95
	<i>Brown rice, avocado, carrot and shiitake mushroom wrapped in nori seaweed</i>	
什錦叉燒捲	A 13. Vege Roast Pork Nori Roll(1)	\$4.95
	<i>Avacado, carrot, vege roast pork and shiitake mushroom wrapped in nori seaweed</i>	
拼盤	A 14. Assorted Appetizer Platter	\$13.25
	<i>Soy duck, chicken, seaweed bean curd roll, Veggie chicken</i>	
叉燒拼盤	A 15. Assorted Roast Platter	\$16.95

Soup

		Small	Large
發財餘翅羹	S 1. Vege Shark Fin Soup	\$7.95	\$11.95
南瓜湯	S 2. Pumpkin Soup	\$5.95	\$9.95
吉利玉米羹	S 3. Vege Chicken Corn Soup	\$4.50	\$6.75
竹筴三絲湯	S 4. Bamboo Garden Soup	\$4.50	\$6.75
八珍豆腐羹	S 5. House Special Bean Curd Porridge	\$4.50	\$6.75
西湖紫菜湯	S 6. Seaweed with Bean Curd Soup	\$4.50	\$6.75
雲吞湯	S 7. Wonton Soup	\$4.50	\$6.75
酸辣湯	S 8. ~ Hot and Sour Soup.....	\$4.50	\$6.75

~ Spicy

🌱 Indicates Organic Item (有機)

CHEF'S SPECIAL

- 包餘扒碧綠 E1. **Vege Abalone with Hearty Greens in Chef's Special Sauce**.....\$13.25
- 百栗淮素 E2. **Vege Eel with Lily Flower**.....\$13.25
- 西汁柳排 E3. **Zhi Zhi Beef**\$12.25
juicy beef marinated in a zesty homemade Barbeque sauce w/ Chinese broccoli
- 生菜伐香崧 E4. **Lettuce Sang Delight**\$12.25
finely diced soy ham, jicama, fresh mushrooms, carrots, snow peas, and snow peas sauteed on a bed of bean thread noodle, topped with red bell pepper and pine nuts, served with fresh lettuce
- 鐵板沙茶柳片 E5. ~ **Sizzling Veggie Beef**\$12.25
soy beef on a sizzling plate in a mild black pepper sauce
- 佛鉢飄香 E6. **Shredded Buddha's Taro Delight**.....\$12.25
shredded vege ham, soy protein, jicama, carrot, celery, bean sprouts, black mushroom, snow peas, and vege squid sauteed in our special light brown sauce served on a crispy taro ring
- 鯉躍龍門 E7. **Homemade Veggie Fish**.....\$12.25
(豉汁/甜酸汁 / 五味汁)
tofu skin wrapped in seaweed with choice of black bean sauce or sweet & sour sauce or red spicy sauce
- 脆皮核桃蝦 E8. **Honey Walnut Shrimps**.....\$12.25
crispy fried veggie Prawn with honey, topped with sweet walnut
- 竹筴三菇燴蘆筍 E9. **Triple Mushrooms Delights**.\$12.25
oyster mushroom, shitake mushroom, and white mushroom mixed with bamboo pith and asparagus.
- 黑椒柳排 E10. **Black Pepper Vege Beef**\$12.25
- 黑椒吉排 E11. ~ **Black Pepper Vege Chicken**\$11.25
- 左宗吉 E12. ~ **General Tso's Vege Chicken**.....\$10.95
- 陳皮吉 E13. ~ **Orange Vege Chicken**.....\$10.95
- 芝麻吉 E14. **Sesame Vege Chicken**\$10.95
- 吐納餘 E15. **Classic Tuna**.....\$9.95
(豆瓣/薑絲)
lightly fried soy tuna topped with choice of ginger sauce or sweet and sour
- 芝麻脆善 E16. **Sesame Eel**.....\$9.95
crispy fried black mushrooms in a tangy sesame glaze

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VEGETABLES

金針菇扒豆苗 V 1.	Golden Mushroom w/Snow Pea Shoots	\$14.25
清炒豆苗 V 2.	Snow Pea Shoots in Ginger Sauce	\$12.25
芥蘭素吉 V 3.	Vege Whicken with Broccoli.....	\$8.95
清炒蘆筍 V 4.	Sauteed Asparagus	\$8.95
三菇扒青江菜膽 V 5.	Triple Mushrooms w. Shanghai Vegetable...	\$8.95
什菜吉排 V 6.	Vege Chicken w. mixed Vegetables.....	\$8.95
清炒菜苗 V 7.	Sauteed Baby Bok Choy.....	\$7.95
豆豉九層塔茄子 V 8.	Sauteed Eggplant with Basil in a Black Bean Sauce	\$7.95
清炒高麗菜 V 9.	Sauteed Cabbage	\$7.95
餘香茄子 V 10. ~	Eggplant w/ Ginger Sauce	\$7.95
羅漢齋 V 11.	Buddha's mixed Vegetable Delight	\$7.75
清炒菠菜 V 12.	Sauteed Spinach.....	\$7.75
干扁四季豆 V 13.	Sauteed String Beans with Sesame on Top ..	\$7.25
九層塔茄子 V 14.	Eggplant with Basil	\$9.95

Tofu Specialty

香椿豆腐 T 1.	Tofu with Cedar Sauce	\$8.95
三菇燴豆腐 T 2.	Triple Mushrooms with Bean Curd	\$8.95
冬菇豆腐 T 3.	Bean Curd with Black Mushroom.....	\$7.50
芥蘭豆腐 T 4.	Broccoli with Bean Curd	\$7.95
家常豆腐 T 5. ~	Bean Curd Home Style.....	\$7.95
脆皮炸豆腐 T 6.	Fried Crispy Tofu	\$6.95
麻婆豆腐 T 7. ~	Bean Curd Szechuan Style.....	\$6.95

CASSEROLE

COOKED AND SERVED IN A CLAY CASSEROLE POT

海仙豆腐煲 C 1.	Vege Seafood Tofu Casserole	\$10.95
咖哩什菜煲 C 2. ~	Curry Vege Chicken with Mixed Vegetables	\$10.25
貢丸煲 C 3.	Taiwanese Speciality Casserole	\$9.95
三杯吉 C 4.	Three Cheers Casserole	\$8.95
	<i>soy chicken with black mushrooms, carrots, snow peas, and basil on a hot clay pot</i>	
砂鍋詩子頭 C 5.	Vege Meatball Casserole	\$8.95
	<i>vege meatballs with chow mien noodles, Mushrooms and cabbage served in a hot clay pot</i>	

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Big Bowl Noodle Soup

藥膳湯麵	NS 1.	Herbal Noodle Soup.....	\$5.95
馬來蝦麵	NS 2. ~	Spicy Vege Shrimp Noodle Soup in Malaysian Style	\$5.75
馬來咖哩麵	NS 3. ~	Curry Noodle Soup in Malaysian Style	\$5.50
素香湯麵	NS 4.	Heavenly Noodle Soup	\$5.25
本樓湯麵	NS 5.	House Special Vege Chicken Noodle Soup	\$5.25
大滷麵	NS 6.	Da Lu Mian (<i>Woor Myun</i>)	\$5.25
米·粉羹	NS 7.	Mei Fun Noodle Soup.....	\$5.25
叉燒湯麵	NS 8.	Vege Roast Pork Noodle Soup	\$5.25
雲吞湯麵	NS 9.	Wonton Noodle Soup	\$4.95

Noodles & Rice

什錦兩麵黃	N 1.	House Special Pan Fried Noodles.....	\$7.95
什錦撈麵	N 2.	House Special Lo Mien	\$6.95
銀芽香絲撈麵	N 3.	Stir-fry Noodles Topped with Soy Ham, Black Mushroom, and Bean Sprouts	\$6.95
干炒柳河	N 4.	Beef Chow Fun	\$6.95
沙茶干炒柳河	N 5.	Beef Chow Fun with Shacha Sauce.....	\$6.95
菜遠滑蛋柳河	N 6.	Veggie Chow Fun w. Egg Drop Gravy.....	\$8.95
星州/家鄉炒米粉	N 7. ~	Singapore Chow Mee Fun..... (choice of curry or non curry)	\$6.95
炸醬麵	N 8.	ZhaJiang Mian	\$4.95
義大利麵	N 9.	Spaghetti and Vege Meatballs with Chef's Special Fresh Tomato Sauce	\$4.95
香椿炒飯	N 10.	Cedar Fried Rice	\$6.95
菠蘿海仙炒飯	N 11.	Vege Seafood Pineapple Fried Rice.....	\$7.95
素菜炒飯	N 12.	Mixed Vegetable Fried Rice	\$6.25
什錦炒飯	N 13.	House Special Fried Rice	\$6.95
素吉炒飯	N 14.	Vege Chicken Fried Rice	\$6.95
叉燒炒飯	N 15.	Vege Roast Pork Fried Rice	\$7.95
海仙蓋飯	N 16.	Vege Seafood over the Rice.....	\$7.95
叉燒蓋飯	N 17.	Vege Roast Pork over the Rice.....	\$5.75

* all fried rice comes with choice of brown or white rice

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Dim Sum

Everyday

茶市點心僅限於
11:00am-3:00PM

小點 SMALL

馬拉捲	DS 1.	Sweet Malay Roll (3).....	\$2.00
蘿蔔糕	DS 2.	Pan Fried Turnip Cake (3)	\$2.00
蝦餃	DS 3.	Shrimp Dumpling (4)	\$2.00
糯米燒賣	DS 4.	Steamed sticky rice Shiu Mai (4).....	\$2.00
潮州粉粿	DS 5.	Dumpling, Cantonese Style	\$2.00
素吉包	DS 6.	Steamed Vege Chicken Bun (3).....	\$2.00
芝麻球	DS 7.	Sweet Sticky Rice Ball with Sesame	\$2.00
蓮蓉西米餃	DS 8.	Sweet Tapioca Dumplings (3).....	\$2.00
蜂巢芋角	DS 9.	Fried Taro Custard (3)	\$2.00
西洋菜餃	DS 10.	Watercress Dumpling (4).....	\$2.00
芝麻腸粉	DS 11.	Sesame Rice Roll	\$2.00
珍珠糯米吉	DS 12.	Sticky Rice Wrapped in Bamboo Leaves (Pearl Veg Chicken)	\$2.00

所有點心加 \$0.25
All Dim Sum add \$0.25

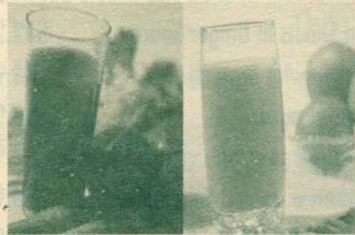
中點 MEDIUM

竹筴素翅餃	DSM 1.	Bamboo Pith w. Veg. Shark Fin (4)	\$2.50
叉燒酥	DSM 2.	Veg roast pork pastry (wknd)	\$2.50
糯米飯	DSM 3.	Fried Sticky Rice.....	\$2.50
叉燒包	DSM 4.	Vege roast pork Bun	\$2.50
叉燒腸粉	DSM 5.	Vege roast pork rice roll	\$2.50
菠菜腸粉	DSM 6.	Spinach Rice Roll	\$2.50
油條腸粉	DSM 7.	Cruller Rice Roll	\$2.50
素柳腸粉	DSM 8.	Vege Beef Rice Roll	\$2.50
火腿腸粉	DSM 9.	Vege Ham Rice Roll	\$2.50

大點 LARGE

鮮菇腸粉	DSL 1.	Fresh Mushroom Rice Roll.....	\$3.95
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Bar Menu



有機果汁

Organic Beverages/12oz

- JB 1. 紅蘿蔔汁 ☞ Carrot Juice\$2.95
- JB 2. 橙 汁 ☞ Orange Juice\$2.95
- JB 3. 特調果汁 ☞ Apple Pear Juice\$2.95
蘋果+梨

淨素混合果汁 (無蛋乳製品)

Healthy Smoothies/12oz

- JS 1. 黃金海岸(芒果+柳丁)
Mighty Mango \$3.55
Mango, orange (antioxidant)
- JS 2. 綠野仙蹤(奇異果+蘋果+香蕉+芒果)
Green Machine \$3.55
Kiwi, apple, banana, apple, mango, broccoli,
Spinach, barley grass.
- JS 3. 青春圓舞曲(藍莓+黑莓+蘋果)
Blue Machine\$3.55
Blueberry, blackberry, apple.
- JS 4. 能量果汁
(蘋果+香蕉+柳丁+菠蘿+椰子+大豆蛋白)
Protein Zone\$3.55
Apple, banana, oranges, pineapple
Coconut, soy protein, wey
- JS 5. 精力果汁(奇異果+草莓+蘋果)
Strawberry Kiwi Kick\$3.55
Strawberry, kiwi, apple (Energy)
- JS 6. 紅顏果汁(石榴+櫻桃+蘋果)
Cherry Pomegranate Power\$3.95
Cherry, pomegranate, apple (energy)
- JS 7. 熱帶集萃(柳丁+芒果+草莓+菠蘿+香蕉)
Tropical Combo.....\$4.25
Orange, mango, strawberry, Pineapple, banana



精品好茶

Fine Tea

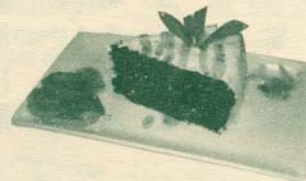
- ☞ JT 1. 有機檸檬薑茶
**Organic Lemon Ginger
Green Tea**\$2.25
Organic herbal tea, ripe lemons with
Exotic, tangy ginger
- ☞ JT 2. 有機綠茶
Organic Green Tea.....\$1.75
- ☞ JT 3. 有機紅茶
Organic Black Tea\$1.75
- JT 4. 高山凍頂烏龍(壺)
**Taiwan's High Mountain
Oolong Tea**\$3.95



甜點

Vegan Desserts

- D 1. 淨素巧克力蛋糕
Vegan Chocolate Cake\$4.95



- D 2. 淨素起士豆腐蛋糕
Vegan Tofu "Cheese Cake" ...\$4.95



- ☞ D 3. 有機豆漿冰淇淋
**Organic Soy
Ice Cream Sundae**\$4.95
With kiwi and chocolate sauce
- D 4. 芒果布丁
Mango Pudding\$3.25
- D 5. 大芒果布丁
Large Mango Pudding\$9.95

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特價午餐

Lunch Special ~Spicy

Monday to Friday 11:00 am to 3:00 pm

Lunch is served with soup,

choice of Brown Rice or White rice.

Add 0.75 spring roll, Add 0.75 multi grains rice

*午餐奉送例湯、糙米飯或白米飯 *春捲或五穀雜糧飯另加\$0.75

柳角香干炒若絲	L1. ~	Dry bean curd delight	\$4.95
三 明 治	L2.	Vege ham sandwich	\$4.95
咖 哩 什 菜	L3. ~	Curry mixed vegetables	\$4.95
三 絲 芽 菜	L4.	Triple delight bean sprouts	\$4.95
甜 酸 素 條	L5.	Sweet & Sour vege ribbon delight	\$4.95
三 菇 豆 腐	L6.	Triple mushroom with bean curd.....	\$4.95
麻 婆 豆 腐	L7. ~	Bean curd szechuan style	\$4.95
鮮 竹 捲	L8.	Bamboo roll.....	\$4.95
什 錦 撈 麵	L9.	House special lo mein (without rice).....	\$4.95
四 季 豆 炒 素 條	L10.	Stir-fry green beans with vege ribs	\$5.75
餘 香 辣 絲	L11. ~	Shredded soy protein w. ginger sauce ...	\$5.75
彩 虹 芥 蘭	L12.	Broccoli with vege ribs.....	\$5.75
蕃 茄 九 層 塔 豆 腐	L13.	Bean curd with tomato & basil.....	\$5.75
腰 果 吉 丁	L14.	Vege chicken with cashew nuts	\$5.75
宮 保 吉 丁	L15. ~	Kung pao chicken	\$5.75
左 宗 吉	L16. ~	General tso's chicken	\$5.75



L1
~柳角香干炒若絲 \$4.95
Dry Bean Curd Delight



L2
三 明 治 \$4.95
Vege Ham Sandwich



L3
~咖哩什菜 \$4.95
Curry Mixed Vegetables



L4
三 絲 芽 菜 \$4.95
Triple Delight Bean Sprouts



L5
甜 酸 素 條 \$4.95
Sweet & Sour Vege
Ribbon Delight



L6
三 菇 豆 腐 \$4.95
Triple Mushroom
with Bean Curd



L7
~麻婆豆腐 \$4.95
Bean Curd Szechuan Style



L8
鮮 竹 捲 \$4.95
Bamboo Roll



L9
什 錦 撈 麵 \$4.95
House Special Lo Mein
(without Rice)



L10
四 季 豆 炒 素 條 \$5.75
Stir-fry Green Beans
with Vege Ribs



L11
~餘香辣絲 \$5.75
Shredded Soy Protein
with Ginger Sauce



L12
彩 虹 芥 蘭 \$5.75
Broccoli with Vege Ribs



L13
蕃 茄 九 層 塔 豆 腐 \$5.75
Bean Curd with
Tomato & Basil



L14
腰 果 吉 丁 \$5.75
Vege Chicken with
Cashew Nuts



L15
~宮保吉丁 \$5.75
Kung Pao Chicken



L16
~左宗吉 \$5.75
General Tso's Chicken