



(Vegan/Vegetarian Cuisine)

素之家

**95-26 Queens Blvd
Rego Park, NY 11374**

**Tel: 718-830-0808
Fax: 718-830-0811
www.sveggie.com**

Open Hours:
Mon. ~ Sat. 11 am - 9:00 pm
Sunday 12 Noon - 9:00 pm



We accept VISA & MasterCard (Min. Charge \$15)

頭檔 Appetizers

- ***香春餅 Cedar Pancake.....2.95
1. 披薩 Veggie Pizza.....3.50
2. 春卷 Spring Roll (3p).....4.95
3. 叉燒 Roast Pork.....5.50
4. 北京鴨 Peking Duck (1p).....2.50
5. 菜餃 Steam Dumpling (5p).....5.50
6. 鍋貼 Pan-fried Dumpling (5p).....5.50
7. 蘿蔔糕 Radish Cake (5p).....3.95
8. 毛豆 Soy Bean (Edamame).....3.95
9. 素五花肉 Roast Pork Belly.....5.50

Wrap / Vege Sandwich / Vege Ham Burger 素卷 / 三文治 / 菜漢堡

10. 素香卷 House Wrap.....5.50
Veg, Ham, Alfalfa, Sprout, Carrot & Asparagas, wrapped in Tortilla Skin
11. 三色卷 Tri-Color Wrap.....5.50
Mango, Carrot, Asparagas, wrapped in Tortilla Skin
12. 蔬果卷 Healthy Wrap.....5.50
Mango, Melon and Lettuce, wrapped in Tortilla Skin
13. 三文治 Vege Sandwich.....5.50
14. 菜漢堡 Vege Ham Burger.....5.50

湯類 Soup

15. 雲吞湯 Wonton Soup.....2.50(S).....4.50(L)
16. 粟米濃湯 Corn Soup.....2.50(S).....4.50(L)
17. 南瓜湯 Pumpkin Soup.....2.50(S).....4.50(L)
18. 酸辣湯 Hot & Sour Soup.....2.50(S).....4.50(L)
19. 味噌湯 Miso Soup.....2.50(S).....4.50(L)

主餐 Main Entrees

20. 麻婆豆腐 Mapo Tofu (Spicy).....8.95
Tofu w. Brown sauce
21. 素鰻魚片 Fish Steak.....10.95
Tofu, Red / Green Pepper
22. 炒雙菇 Sauteed White Mushroom.....9.95
Two Kinds of Mushroom w. Green Bean
23. 蠔油茄子 Steam Eggplant.....8.95
Eggplant w. Oyster Sauce
24. 釀豆腐 Veggie Bean Bun (8p).....8.95
Carrot, Celery, Water Chestnut
25. 椒鹽素蝦 Salt & Pepper Shrimp.....10.95
Veggie Shrimp w. pepper, Mushroom
26. 咖喱素匯 Mixed Veg. Curry.....13.95
Potato, String Bean, Cabbage, carrot, Eggplant
27. 甜酸吉 Sweet & Sour Chicken.....11.95
Flour, Soy Bean
28. 芥蘭柳 Beef w. Broccoli.....12.95
Veggie Beef, Flour, Soy Bean & Vinegar Sauce
29. 芥蘭吉 Chicken w. Broccoli.....11.95
Veggie Chicken, Flour, Soy Bean & Vinegar Sauce
30. 素獅子頭 Lion Head (8p).....11.95
Soy Bean, Green Bean, carrot
31. 蜜汁山藥 Chinese Yam w. Honey Sauce....9.95
32. 椒鹽茄子 Salt & Pepper Eggplant.....10.95
Batter Fried Eggplant w. Sea Salt
33. 香檳吉片 Champagne Chicken Chop.....17.95
Soy Bean and Melon
34. 素香排骨 Spare Ribs.....12.95
Burdock, Tofu, Carrot, Water Chestnut, Celery
35. 清蒸涼瓜 Steamed Bitter Melon.....8.95
36. 咖喱素排 Curry Fish Steak.....13.95
Tofu, Mushroom
37. 素柳粒小炒 Steak Kew.....12.95
Celery, Soy Bean, Carrot

時季蔬菜 Seasonal Vegetables

38. 豆 苗 Pea Pod Leave.....8.95
39. 唐 芥 蘭 Chinese Broccoli.....8.95
40. 四 季 豆 String Bean.....7.95
41. 波 菜 Spinach.....7.95

沙拉 Salad

42. 圓 沙 拉 Mesclun Salad (organic).....5.95
43. 持 色 沙 拉 Chef Salad (6p).....7.95
Romaine Lettuce w. Mushroom, Radish, Pickle and Pine Nuts

炒飯 Fried Rice

44. 香 椿 炒 飯 Fried Rice w. Cedar Sauce.....8.95
Green Bean, Vege Ham and carrot
45. 什 錦 炒 飯 Combo Fried Rice.....8.95
Bak Choy, Carrot, Mushroom, and Broccoli
46. 南 洋 香 茅 飯 Basil Fried Rice.....8.95
Basil, Green Bean, Vege. Ham and carrot
47. 羅 勒 炒 飯 Lemon Grass Fried Rice.....8.95
Lemon Grass, Vege. Ham, Green Bean and carrot
48. 墨 西 哥 炒 飯 Mexican Fried Rice.....8.95
Spicy, Bak Choy, Carrot, Mushroom, and Broccoli

焗飯 Baked Rice

49. 馬 鈴 薯 焗 飯 Baked Potato Rice.....9.95
Fried Rice w. Potato & baked w. Cedar Cheese
50. 什 錦 焗 飯 Baked Combo Rice.....9.95
Fried Rice w. Bak Choy, Carrot, Mushroom, Broccoli
and baked w. Cedar Cheese
51. 羅 勒 焗 飯 Baked Basil Rice.....9.95
Fried Rice w. Vege Ham, Basil, Carrot & Baked w. Cedar Cheese

糙米飯 (Brown Rice).....1.50(S).....2.50(L)

白米飯 (White Rice).....1.25(S).....2.00(L)

麵類 Noodles

52. 炒 鍋 Hot Pot Noodle Soup (Meat Ball or Tofu).....7.95
(Potato Noodle, Carrot, Bak Choy, Watercress in a Broth)
53. 羅 漢 齋 Buddhist Delight.....8.95
(Stir Fried Clear Noodle, Baby Corn, Broccoli, Mushroom Asparagus, Carrot, Cauliflower, & Snow Peas)
54. 炒 烏 冬 Stir Fried Udon.....8.95
(Stir Fried Bak Choy, Carrot, Celery, Lettuce, Mushroom, Veg. Ham)
55. 星加坡炒米 Singapore Fried Rice Noodle (Spicy).....8.95
(Vege Ham, Bean Sprout, Carrot)
56. 意大利麵 Spaghetti.....8.95
(Stir Fried w. Mixed Vegetables)
57. 素炒河粉 Stir Fried Flat Noodle.....8.95

午餐盒 Lunch Box

(11:00 am to 4:00 pm)

Served w/ choice of soups & choice of rice

58. **Box A** 獅子頭 土豆泥 春卷 飯 8.95
(Vege. Meat Ball, Mashed Potato & Spring Roll)
59. **Box B** 芥蘭吉 土豆泥 春卷 飯 8.95
(Vege. Chicken Broccoli, Mashed Potato & Spring Roll)
60. **Box C** 素蝦 沙拉 毛豆 飯 8.95
(Vege. Fried Shrimp, Salad, Edamame)
61. **Box D** 鯪香茄子 毛豆 春卷 飯 8.95
(Sauteed Eggplant, Edamame & Spring Roll)
62. **Box E** 甜酸吉 土豆泥 春卷 飯 8.95
(Sweet & Sour Vege. Chicken, Edamame & Spring Roll)
63. **Box F** 素排骨 毛豆 春卷 飯 8.95
(Spare Ribs, Edamame & Spring Roll)
64. **Box G (Spicy)** 星加坡米粉 毛豆 春卷 8.95
(Stir Fried Spicy Rice Noodle, Edamame, Spring Roll & Salad)
65. **Box H** 炒河粉 毛豆 春卷 沙拉 8.95
(Stir Fried Flat Noodle, Edamame, Spring Roll, Salad)

特價午餐 Lunch Special

(11:00 am to 4:00 pm)

Served w/ choice of soups & choice of rice

66. 素獅子頭 Lion Head.....7.95
Vege. Meat ball
67. 芥蘭柳 Vege. Beef w. Broccoli.....7.95
Soy Vege. Beef w. Broccoli
68. 芥蘭吉 Vege. Chicken w. Broccoli.....7.95
Soy Vege. Chicken w. Broccoli
69. 椒鹽素蝦 Salt & Pepper Shrimp.....7.95
Batter Fried White Mushroom w. Sea Salt
70. 蜜汁山筍 Yam w. Honey Sauce.....7.95
Batter Fried chinese Yam
71. 素芽叉燒 Soy Vege. Roast Pork.....7.95
72. 甜酸吉 Sweet \$ Sour Vege. Chicken.....7.95
Batter Fried Soy Vege. Chicken w. Sweet & Sour Sauce
73. 椒鹽茄子 Salt & Pepper Eggplant.....7.95
Batter Fried Eggplant w. Sea Salt
74. 咖喱什菜 Mixed Veg. w. Curry Sauce (Spicy).7.95
75. 素五花肉 Vege. Spare Ribs.....7.95
Lightly Fried Soy Spare Ribs
76. 蠔油茄子 Sauteed Mushroom Yam.....7.95
77. 蠔油蒸茄子 Steam Eggplant.....7.95
Eggplant w. Vege. Oyster Sauce
78. 砂鍋 Hot Pot (Meat Ball or Tofu).....7.95
Mixed Vegetables w. Clear Noodle in Broth
79. 羅漢齋 Buddhist Delight.....7.95
Stir fried Baby Corn, Celery, Snow Peas, Broccoli,
Mushroom, Asparagus, Carrot, Cauliflower w.
Clear Noodle
80. 麻婆豆腐 Mapo Tofu (Spicy).....7.95
Tofu w. Brown Sauce

Desserts

81. 南瓜西米露 Tapioca Pumpkin.....3.50
82. 南瓜餅 Pumpkin Cake.....2.50